

**Dr. L. D. Balkhande College of Arts and Commerce College Pauni
Bhandara**

Women Empowerment Cell

NOTICE

All Students are informed that a workshop on '**Child Care and Breastfeeding & Menstrual Hygiene**' workshop is organized on 20-09-2022, Tuesday by the women Empowerment Cell in the college at 10:00 to 11:30 AM. The Chief Guest of the workshop is Hon. Anil Raut & Mr. Rajesh Yelne, Director of Jeevan Welfare Foundation State level NGO Nagpur & Hon. Anita Meshram, Jeevan Welfare Foundation, State level NGO Nagpur . In the Second part of the workshop Hon'ble Manjusha Kumbhare, District Co-ordinator NGO, Nagpur & Maya Shimpi, sales agent Jeevan Welfare Foundation NGO, (Pauni). So, all student as well as professor should attend the workshop.



**Officiating Principal
Dr. L. D. Balkhande
College of Arts and Commerce
Pauni, Dist. Bhandara**

**Dr. L. D. Balkhande College of Arts and Commerce College Pauni
Bhandara**

**A one day Workshop on
'Child Care and Breastfeeding & Menstrual Hygiene'**

Program Outline

Time 10.00 to 11.30 A.M.

Date :- 20-09-2022

Program Chairman	:- Dr. Sanjay Nandagawali, Officiating Principal
Inaugurator	:- Prof. Nandkishore Singade, Vice Principal
Chief Guest & Guide	:- 1. Anil Raut & Mr. Rajesh Yelne (Director) 2. Hon. Anita Meshram, Jeevan Welfare Foundation, State level NGO Nagpur. 3. Hon. Manjusha Kumbhare, District Coordinator NGO Nagpur 4 Miss. Maya Shimpi, Sales agent Jeevan Welfare Foundation NGO Pauni
Introductory	:- Dr. Swati Shambharkar, Program Coordinator
Program Comparing	:- Ku. Ashwini Telmasare
Vote of Thanks	:- Ku. Tejaswini Vaidya



Praversen Shikshan Sanstha Nagpur.
Dr. L.D. Balkhande College of Arts and Commerce Pauni, Dist. Bhandara.

IQAC

Name of the department: Women Empowerment cell

Date: 20/9/2022

Time: 10.30 to 11.30 Am.

Name of the Activity: _____

Sr.No.	Name of the Student	Signature of the Student
1	Kavita Khata Khandaole	K.K.Khandaole
2	Priyanka Bandu Hatwad	P.B.Hatwad
3	Tejaswini Pureshottam Vaidya	T.P.Vaidya
4	Achal Anjaneshwar Vaidya	A.D.Vaidya
5	Vaishvi Ginesh Jandare	V.G.Jandare
6	Rani Digambar Moharakar	R.D.Moharakar
7	Kavita Harichand Katekhaye	K.H.Katekhaye
8	Vishakha Mohan Moharkar	V.Moharkar
9	Megha Bhanu Wadhvi	M.B.Wadhvi
10	Payal Maroti Tulaskar	P.M.Tulaskar
11	Manwa Dnyaneshwar Bodele	Bodele
12	Bhavana Humdev Munde	Bunde
13	Shreya Anil Meshram	S.A.Meshram
14	Prachi Rajendra Nandurkar	P.R.Nandurkar
15	Swati Suresh Patil	S.S.Patil
16	Rajani Jambhulkar	R.Jambhulkar
17	Pamita Suryabhan Moharkar	P.S.Moharkar
18	Ravina Himaman Wihapunjje	R.H.Wihapunjje
19	Karishma Geogacharan Wihapunjje	K.G.Wihapunjje
20	Komal Vitthal Lambat	K.Lambat
21	Gayatri Dhanore	Dhanore
22	Tejvini I. Nandajawali	Tejvini
23	Alfiya Nazib Sheikh	A.N.Sheikh
24	Amrta Prabhaji Desai	Desai
25	Komal Rajkumar Jambhulkar	K.R.Jambhulkar
26	Samiksha Jandekar mate	Mate
27	Pooja Sanjay Hatwad	P.S.Hatwad
28	Naushab Afzal Sheikh	N.A.Sheikh
29	Saleem Samir Sheikh	S.S.Sheikh
30	Priyanka Ashok Shekure	P.A.Shekure
31	Ku.Sanjivani Suresh Hatwad	Hatwad

31	Sanjana Khadu Shinde	S.K. Shinde
32	Ritu Kashinath Shende	Ritika
33	Kanchan Timaji Lambodhari	K.T. Lambodhari
34	Tikeshwari Dayaram Deshmukh	T.D. Deshmukh
35	Vaishali Chandrashekar Talmale	V.C. Talmale
36	Payal Krushna Barsagade	P. Barsagade
37	Dimpal Prakash Kawale	D.L. Kawale
38	Saniya Salim Khan Pathan	S.S. Pathan
39	Jayshree Mahendra Urkudkar	Jyoti
40	Rukhi Ashok Durge	Rukhi
41	Shilpa Moreshwar Kateshaye	Shilpa
42	Punam Motilal Tijharae	P.M. Tijharae
43	Pranali Pramod Funde	Pranali
44	Vasanti Ashok Mathurkar	V.A. Mathurkar
45	Mayuri Shatrughna Selokar	M.Selokar
46	Reena Bharat Bhanarkar	R.Bhanarkar
47	Neha Bharat Bhonele	N. Bhonele
48	Shital Vankat Kosare	S.Kosare
49	Saniya Ravishankar Ganvir	S.R. Ganvir
50	Swati Bramhadas Supate	S.Wati Supate
51	Priyanka Ravin Ambekar	P.Ambekar
52	Amisha Bhausaoo Mandharae	Amisha Mandharae
53	Vaishnavi Dhanraj Nagare	Vaishnavi D. Nagare
54	Pratiksha Rohidas Tembhumre	P.Tembhumre
55	Manisha Mumdev Lunjewar	M.Manisha Lunjewar
56	Divyani Narayan Meshram	D.Meshram
57	Chinkuli Dinkas Bhonele	Chinkuli Bhonele
58	Manju Prakash Nagpure	M.P. Nagpure
59	Rutuja Anantkrishanu Patil	R.A. Patil
60	Likisha Rameshwar Upadikar	L. Upadikar
61	Samrudhdi Vithoba Fating	S.Fating
62	Sansivani Kusumkar Meshram	S.K. Meshram
63	Bhmeshwari Manohi Nagpure	B.Nagpure
64	Rupali Ramkrushna Deshmukh	R.Deshmukh
65	Vaishnavi Gajabhai Ganpure	V.G. Ganpure
66	Pratiksha Dhanraj Nagpure	P.Nagpure
67	Pratiksha Dhanraj Nagpure	P.V. Sankar

Dr. L. D. Balkhande College of Arts and Commerce Pauni. Dist. Bhandara

Woman Empowerment Cell

Organized

One Day Workshop On

‘Child Care and Breastfeeding & Menstrual Hygiene’

Report

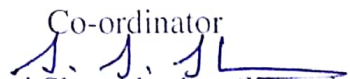
A one day workshop was organized on ‘**Child Care and Breastfeeding & Menstrual Hygiene**’ on 20th Sept 2022, at Dr. L. D. Balkhande College of Arts and Commerce, Pauni, under the Women Empowerment Cell. The chairman of the one day workshop Honorable Vice-Principal, Prof. Nandkishor Singade and the chief guests Hon. Anil Raut & Mr. Rajesh Yelne, Director of Jeevan Welfare Foundation State level NGO Nagpur & Hon. Anita Meshram, Jeevan Welfare Foundation, State level NGO Nagpur. In the Second part of the workshop Hon’ble Manjusha Kumbhare, District Co-ordinator NGO, Nagpur & Maya Shimpi, sales agent Jeevan Welfare Foundation NGO, Pauni & the Co-ordinator of the program Dr. Swati Shambharkar (Librarian) were present. The workshop started by garlanding the statue of Rashtrasant Tukdoji Maharaj. After that, Co-ordinator of the workshop Dr. Swati Shambharkar explained the purpose of the program and said how important it is to make this program for girls & awaken them. Chief Guest of the program Hon. Anil Raut said that it is necessary for every element of the society to take the initiative in order to solve the problems of menstruation & the diseases caused by it, & how to keep it clean.

After this, the second guest of the program, Miss Anita Meshram gave brief but very useful information on breastfeeding & childcare. What care to be taken at that time was discussed. Miss Manjusha Kumbhare & Maya Shimpi gave a special discussion on sanitary pads & a demonstration was given to the child. From the chairmanship Hon. Prof. Nandkishor Singade Vice-Principal, said that care should be taken by women during childcare and breastfeeding, otherwise the possibility of breast cancer cannot be ruled out. Finally, the program was concluded with the National Anthem.

This workshop was conferred and thanked by the students respectively Ms. Ashwini Telmasare and Tejashwini Vaidya. IQAC co-ordinator Prof. Mangesh Wahane, Dr. Jagdish Jangale, Prof. Ku. Chitra Chandurkar, Ms. Shilp Ambade, Ms. Pratiksha Fating as well as entire teaching & non-teaching staff and 67 students of the college attended the workshop.

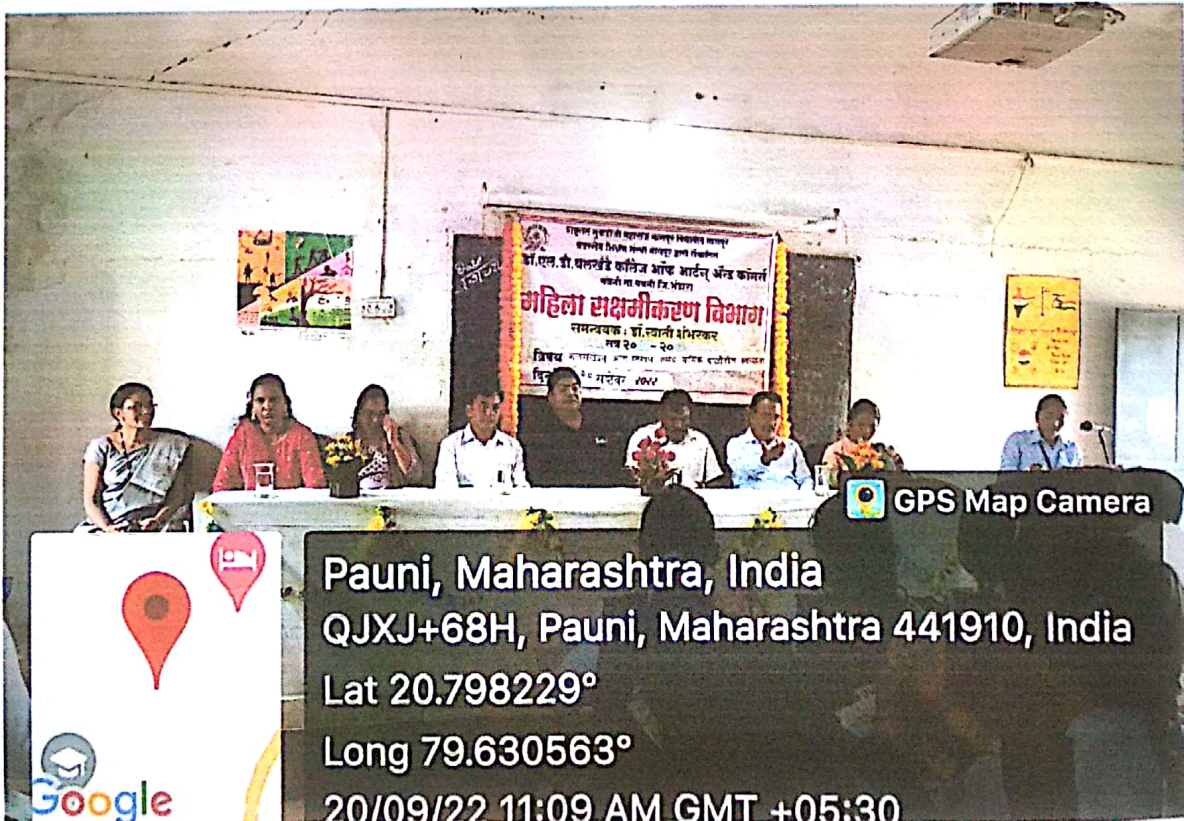
Venue: Pauni

Date: 23-09-2022

Co-ordinator

Dr. Swati Shambharkar (Librarian)

Women Cell

Workshop on Child Care and Breastfeeding & Menstrual Hygiene



20/09/2022

वैचारिक क्रांतीचा अग्रदूत

देशोन्नती

नागपूर शनिवार, दि. २४ सप्टेंबर २०२२ पृष्ठ ६+८ = १४ मूल्य ₹:६

भंडारा Live देशोन्नती

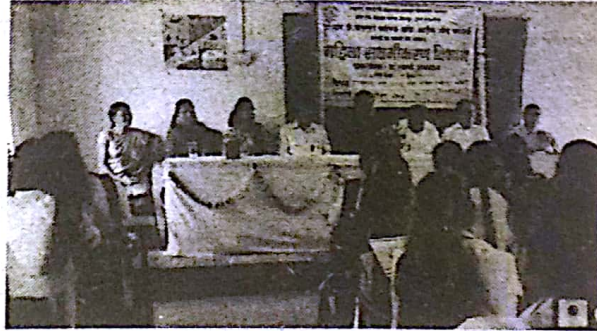
■ शनिवार, दि. २४ सप्टेंबर २०२२ ■ <https://www.deshonnati.com>

डॉ. बलखंडे कॉलेजमध्ये 'बालसंगोपन आणि स्तनपान' विषयावर एक दिवसीय चर्चासत्र

देशोन्नती वृत्तसंकलन...

पवनी ■ डॉ. एल. डी. बलखंडे कॉलेज ऑफ आर्ट्स अँड कॉमर्स, पवनी येथे महिला विकास कक्ष अंतर्गत बालसंगोपन आणि स्तनपान तसेच मासिक पाळीतील स्वच्छता या विषयावर दि. २० सप्टेंबर २०२२ रोजी एक दिवसीय चर्चासत्राचे आयोजन करण्यात आले.

या कार्यशाळेचे अध्यक्ष उपप्राचार्य नंदकिशोर सिंगाडे हे होते तसेच प्रमुख मार्गदर्शक अनिल राजत, राजेश येलने, प्रमुख अतिथी अनिता मेश्राम तसेच दुसऱ्या चर्चासत्रात मंजुषा हुभारे, माया शिंपी, कार्यक्रमाचे समन्वयक डॉ. स्वाती शंभरकर यांच्या उपस्थितीत संपन्न झाला. चर्चा सत्राची सुरुवात राष्ट्रसंत तुकडोजी महाराज यांच्या प्रतिमेला माल्यार्पण करून झाली. त्यानंतर चर्चासत्राचे प्रास्ताविक डॉ. स्वाती शंभरकर यांनी या कार्यक्रमाचा उद्देश सांगितला. कार्यक्रमाचे प्रमुख



मार्गदर्शक अनिल राजत यांनी मासिक धर्मातील होणाऱ्या समस्या त्यामुळे होणारे रोग त्याकरीता उपाय, स्वच्छता कशी ठेवायची यासाठी समाजातील प्रत्येक घटकांनी पुढाकार घेणे किती गरजेचे झाले आहे.

याविषयी कुठेही किंतू परंतु भाव न ठेवता स्पष्ट बोलणे गरजेचे आहे. तसेच अनिता मेश्राम यांनी स्तनपान व बालसंगोपन यावर थोडक्यात माहिती दिली. मंजुषा हुभारे व माया शिंपी यांनी सॅनिटरी पॅड यावर विशेष चर्चा करून प्रात्यक्षिक करून दाखवला. अध्यक्षीय मनोगतातून उपप्राचार्य

नंदकिशोर सिंगाडे यांनी सांगितले की, स्त्रीयांनी बालसंगोपन आणि स्तनपान करतांना घ्यावयाची काळजी घेतली नाही तर ब्रेस्ट कॅन्सर होण्याची शक्यता नाकारता येत नाही. चर्चा सत्राचे सुत्रसंचालन अश्विनी तेलमासरे हिने केले तर आभार तेजश्विनी वैद्य हिने मानले. यावेळी प्रा. मंगेश वाहाणे, डॉ. जगदिश जांगळे, प्रा. चित्रा चांदूरकर, प्रा. शिल्पा अंबादे, प्रतिक्षा फटिंग तसेच संपूर्ण प्राध्यापक वृंद, प्राध्यापकेतर कर्मचारी महाविद्यालयातील मोठ्या प्रमाणात विद्यार्थ्यांनी उपस्थित होत्या.